IN THE CLAIMS

1-29. (cancelled)

- 30. (new) A composite board which includes a moulded front wall, a sheet insert which is covered with a sealant and which is attached to the front wall, a frame element which is attached to the front wall and the insert and an adhesive which acts between the front wall, the insert and the frame element.
- 31. (new) A composite board according to claim 30 wherein the front wall is made from a mouldable composition.
- 32. (new) A composite board according to claim 31 wherein the mouldable composition includes a first resin and a catalyst.
- 33. (new) A composite board according to claim 32 wherein the first resin is a thermosetting resin.
- 34. (new) A composite board according to claim 31 wherein the mouldable composition includes a hydraulic binder.
- 35. (new) A composite board according to claim 34 wherein the mouldable composition includes reinforcing.
- 36. (new) A composite board according to claim 30 wherein the insert is made from an expanded or foamed material.
- 37. (new) A composite board according to claim 36 wherein the material includes any one of polystyrene, polyurethane and phenolic foams.

- 38. (new) A composite board according to claim 30 wherein the insert is made from an open-celled polymeric foam.
- 39. (new) A composite board according to claim 38 wherein the polymeric foam is impregnated with a hydraulic binder.
- 40. (new) A composite board according to claim 30 wherein the sealant is in the form of a thermoplastics polymer.
- 41. (new) A composite board according to claim 30 wherein the adhesive includes a second resin and a catalyst.
- 42. (new) A composite board according to claim 41 wherein the second resin is a thermosetting resin.
- 43. (new) A composite board according to claim 30 which includes a reinforcing member which is submerged in the adhesive.
- 44. (new) A composite board according to claim 30 which includes a backing sheet which covers the insert and the frame element.
- 45. (new) A composite board according to claim 30 which includes a connecting layer which is applied to the insert and the frame element with which a second composite board is secured to the insert and the frame element.
- 46. (new) A method of manufacturing a composite board which includes the steps of:
 - A) applying a mouldable composition to a mould surface;
 - B) allowing the mouldable composition to set to form a front wall;
 - C) applying an adhesive to the front wall;

- D) engaging a sheet insert and a frame element with the adhesive; and
- E) allowing the front wall, insert and frame element to be attached to one another by the adhesive.
- 47. (new) A method according to claim 46 wherein the mould surface is made from silicone rubber.
- 48. (new) A method according to claim 46 which includes the step of submerging a reinforcing member in the adhesive.
- 49. (new) A method according to claim 46 which includes the step of covering the sheet with a sealant.